## Got It In Your Soul

4 wall, 48 counts, Improver
Choreographed by: Urban Danielsson (Sweden) September 2010
Choreographed to: Everybody Rock N Go by Eight To The Bar from CD: Calling All Ickeroos! ( 170 bpm ); also available as download from iTunes. 16 counts intro.
Restarts: There are 2 restarts, both after count 32 on wall 3 and 7 .

## Steps Footwork

Section 1 Walk, hold, walk, hold, rock step, step back, hold
1-4 Step right foot forward, hold, step left foot forward, hold
5-8 Rock right foot forward, recover weight onto left, step right foot back, hold

## Section 2 Back lock step, hold, run back $1 / 2$ turn, hold

1-4 Step back on left, lock step right in front of left, step back on left, hold
$5-8 \quad$ Turning to left $1 / 2$ turn when you Run back: right, left, right ( 6 o'clock), hold
Note: $\quad$ Steps $5-8$ will be a circle motion running backwards a $1 / 2$ turn.

## Section 3 Run back $1 / 2$ turn, hold, shuffle back, hold

1-4 Turning to left $1 / 2$ turn when you Run back: left, right, left ( 12 o'clock), hold
5-8 Shuffle backwards stepping; right foot back, left foot next to right, step right foot back, hold
Note: $\quad$ Steps 1-4 will be a circle motion running backwards a $1 / 2$ turn (with the steps $5-8$ in section 2 you will have made a full circle running backwards).

Section 4 Coaster cross, rock step, behind, side
$1-4 \quad$ Step back on left foot, step right next to left, step left foot across of right, hold
$5-8$ Rock right foot to right side, recover weight onto left, step right behind of left, step left to left side
Restart: Restart from here on wall 3 and 7.

Section 5 Extended weave, rock step $1 / 4$ right, step forward
1-4 Cross right foot in front of left, step left to left side, step right behind of left, step left to left side
5-8 Cross right foot in front of left, rock left foot to left side, $1 / 4$ turn right recover weight onto right, step left foot forward

Section 6 Walk, hold, walk, hold, pivot $1 / 2$ turn, $1 / 2$ turn $\times 2$
1-4 Step right foot forward, hold, step left foot forward, hold
$5-8 \quad$ Step right forward, pivot $1 / 2$ turn left weight onto left, turn $1 / 2$ turn left step right foot back, turn $1 / 2$ turn left step left foot forward
Note: $\quad$ Easier option for step 7-8: Step right forward, step left forward.
RESTART and ENJOY!

